



## Rockford YMCA Rowing Club



The YMCA of Rock River Valley and the Rockford YMCA Rowing Club are pleased to announce the hiring of Teresa Logemann as the club's 2011 Season Rowing Coach.

Teresa will be in charge of the club's;

- Discover Rowing program for adults
- Junior's Rowing Classes
- Junior's Rowing Team



She is a graduate of the University of Minnesota and has an extensive and successful background in the rowing community including;

- Certified Level I and II Rowing Coach by the United States Rowing Association
- Former member of the University of Minnesota Golden Gopher Women's Rowing Team – 4 years
- U of M Women's Rowing Team Captain
- Member of numerous award winning Varsity Eight and Varsity Four Boats
- Academic All Big Ten Student

Teresa will be joining the YMCA in May and is looking forward to sharing her knowledge of the sport with YMCA members.

The mission of the Rockford YMCA Rowing Club is to promote the sport of rowing in all its forms including competitive, wellness, and adaptive under the highest standards to all that are interested in a safe, healthy, and fun manner. **This year the rowing club will be conducting the following events for those interested in the sport;**

- **Club Open House** - learn more about the club and sport - open to YMCA members/non-members
- **Adult and Junior rowing classes** beginning in June

If you are interested in the club or these events, please visit the YMCA website for more information or call Jane Johnson at the YMCA – 815-489-1210.

In 2011 the Rockford YMCA Rowing Club is celebrating the 26<sup>th</sup> year of hosting the Head of the Rock Regatta.

***We invite you to join us this season and learn more about the wonderful sport of rowing!***



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